BLOOD GLUCOSE MONITORING SYSTEM

QUICK REFERENCE GUIDE

ABRA SMART   **ABRA SMART BT**
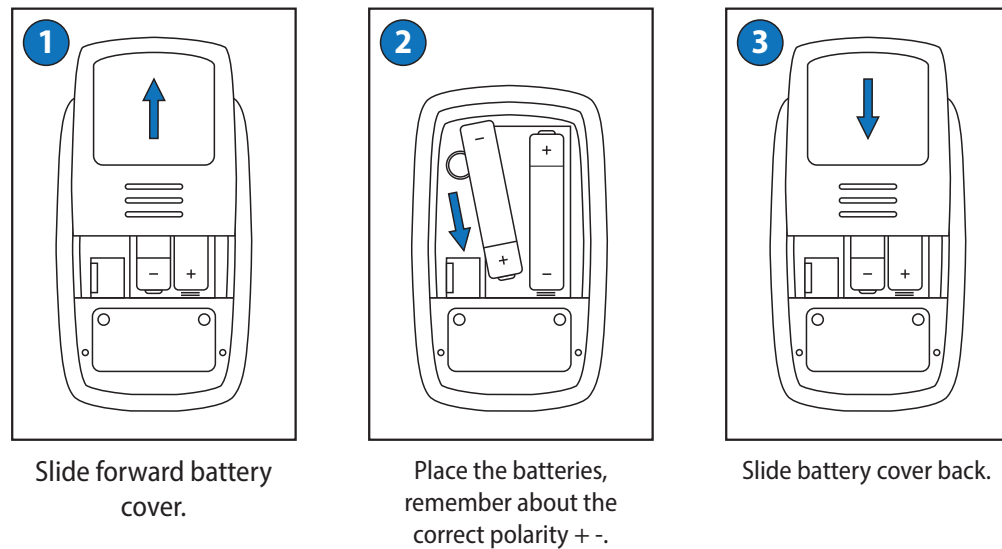
This quick instruction for use will help you to set up and prepare your glucose meter for performing a test. For detailed information, see the Instruction for use included to the set ABRA SMART / ABRA SMART BT.
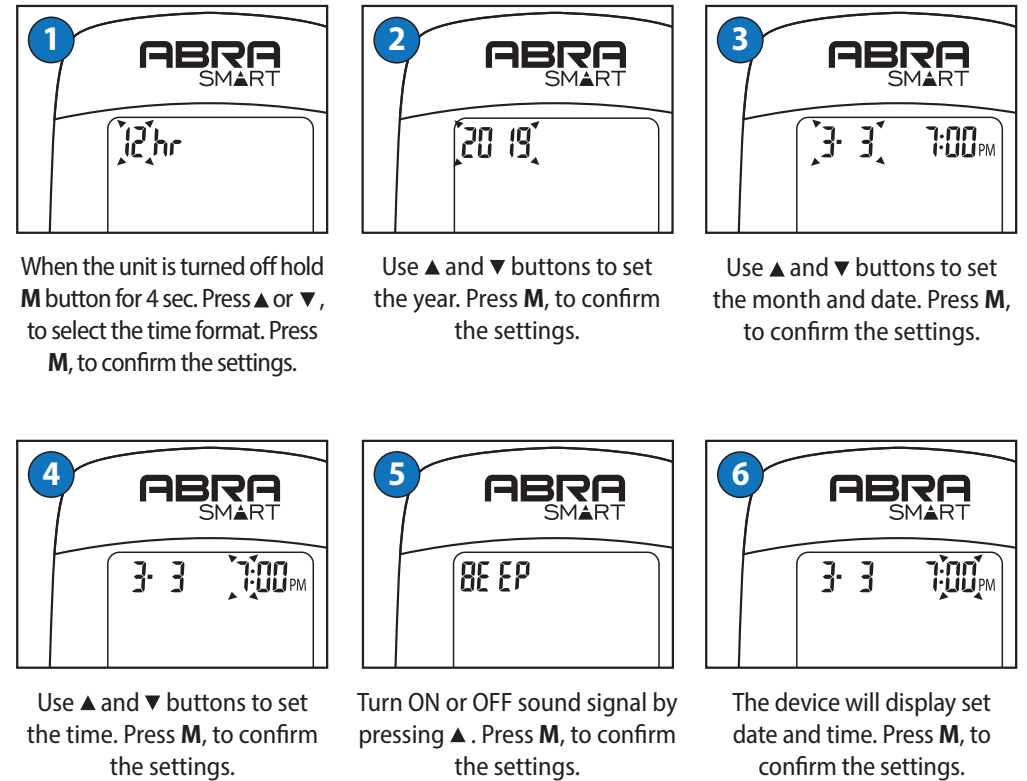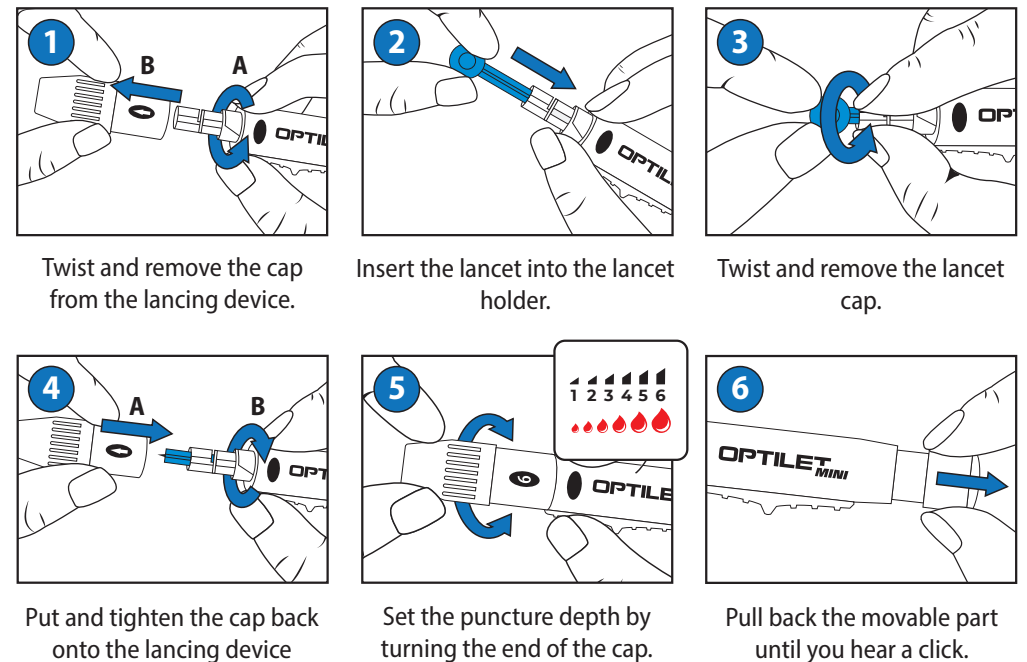
1. GLUCOSE METER DESCRIPTION

Data Port
Display
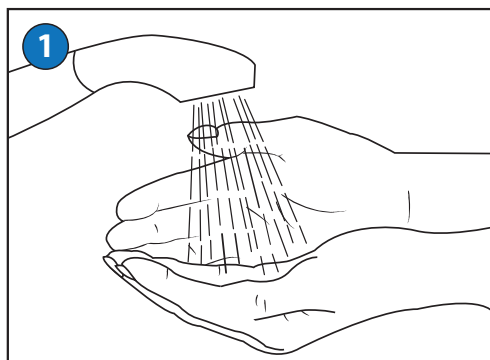Battery Cover
Label
Button ▲
Button ▼
Button **M**
Test Port

2. STARTING THE DEVICE

1 Slide forward battery cover.

2 Place the batteries, remember about the correct polarity + -.

3 Slide battery cover back.
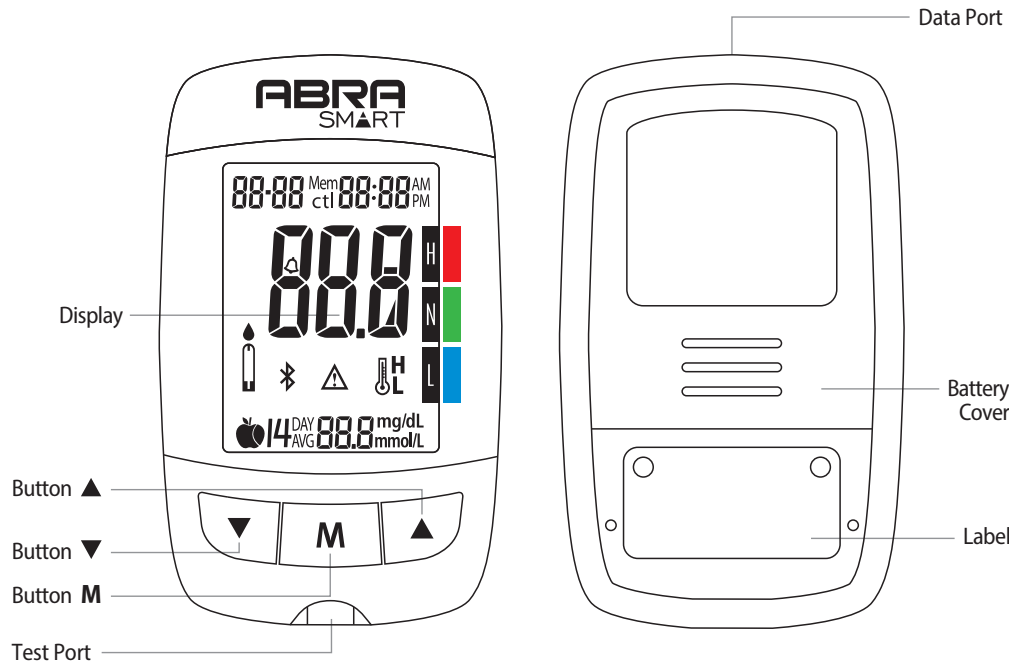
3. SETTING THE DATE AND TIME

1 When the unit is turned off hold **M** button for 4 sec. Press ▲ or ▼, to select the time format. Press **M**, to confirm the settings.

2 Use ▲ and ▼ buttons to set the year. Press **M**, to confirm the settings.

3 Use ▲ and ▼ buttons to set the month and date. Press **M**, to confirm the settings.

4 Use ▲ and ▼ buttons to set the time. Press **M**, to confirm the settings.

5 Turn ON or OFF sound signal by pressing ▲ . Press **M**, to confirm the settings.

6 The device will display set date and time. Press **M**, to confirm the settings.

4. PREPARING THE LANCING DEVICE

1 Twist and remove the cap from the lancing device.

2 Insert the lancet into the lancet holder.

3 Twist and remove the lancet cap.

4 Put and tighten the cap back onto the lancing device

5 Set the puncture depth by turning the end of the cap.

6 Pull back the movable part until you hear a click.
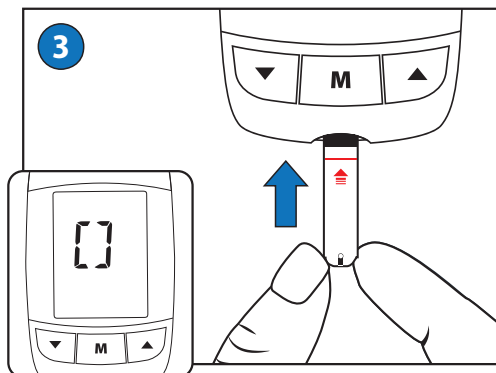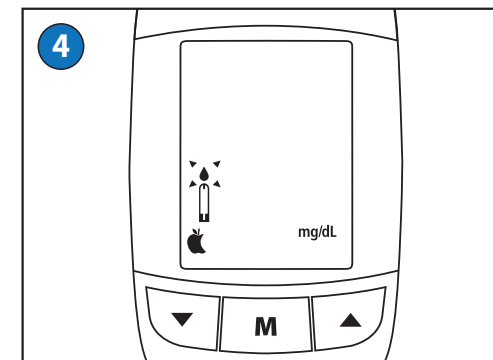
5. PERFORMING A TEST

1 Before performing the test, wash your hands thoroughly and dry them.
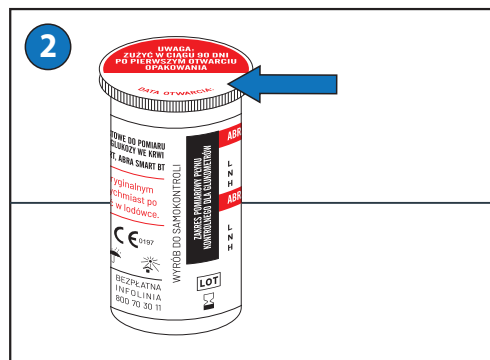
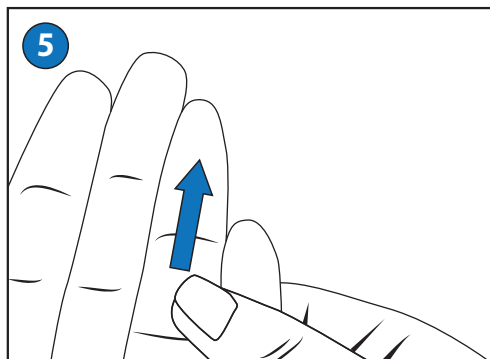**2** Put down the date when the vial has been firstly opened. Remove the strip from vial and tightly seal the cap. Put down the date of the first vial opening.
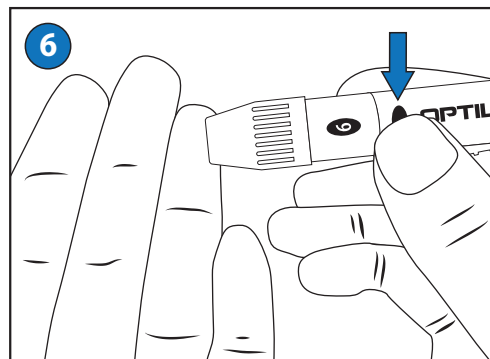

3 Insert a test strip. You will hear the beep sound and moving lines will appear on the screen.
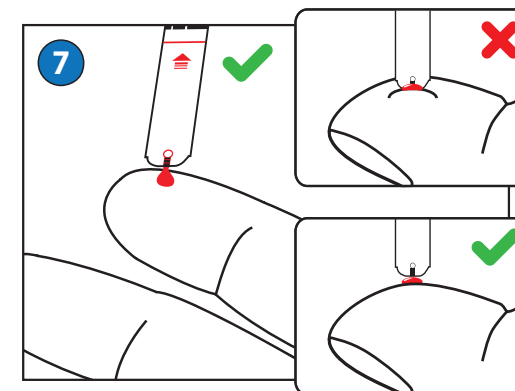

4 A flashing ♦ means that the device is ready to take a blood sample. Use ▲ and ▼, to mark a test as pre-meal 🍎 or post-meal 🍽 .
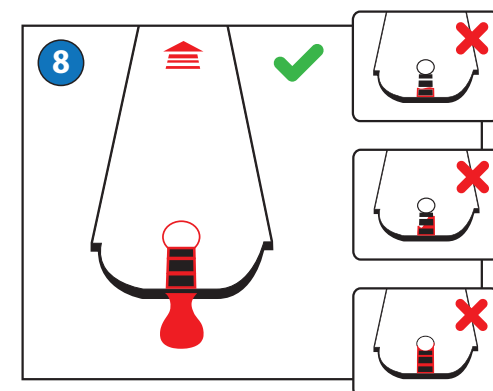

5 Massage vigorously the place of blood sampling.
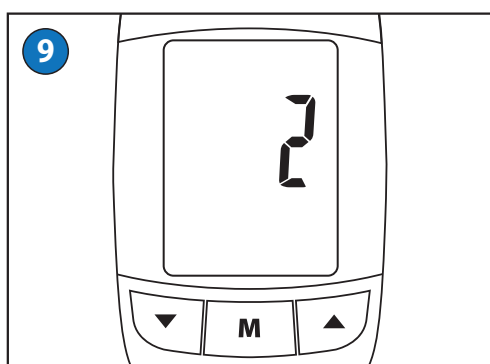

6 Firmly press the lancing device to the fingertip and press the release button. Click sound means that the puncture has been performed.
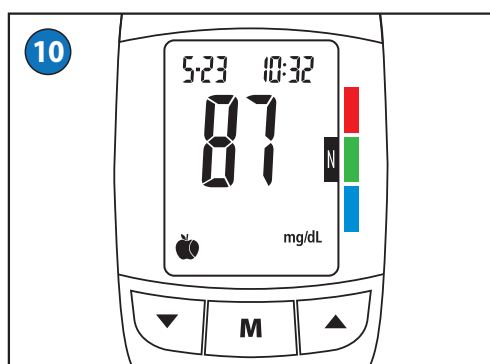

7 Apply the glucose meter with a strip to a drop of blood. Blood will be automatically sucked into the test strip.
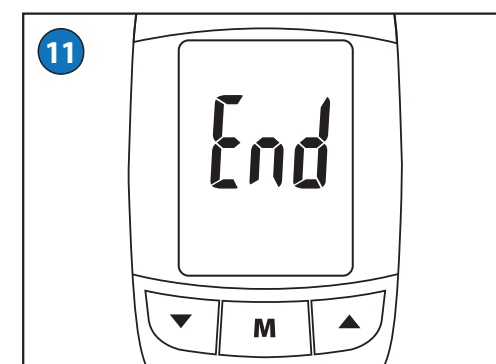

8 Make sure that the confirmation window is completely filled with blood.

9 As soon as the confirmation window will be filled with blood, the meter will display ♦ symbol and start counting down from 5 to 1.

10 Glucose meter will display your result and it will be automatically saved in the memory.

11 Glucose meter will automatically turn off after removing the test strip.