BLOOD GLUCOSE MONITORING SYSTEM

QUICK REFERENCE GUIDE



This quick instruction for use will help you to set up and prepare your glucose meter for performing a test. For detailed information, see the Instruction for use included to the set Diagnostic Gold Care.

1. GLUCOSE METER DESCRIPTION



2. INSERTING AND REPLACING THE BATTERIES





Open the cover by sliding the plastic notch in the battery cover forward.

Place the batteries, remember about the correct polarity (+-).



Slide battery cover back.

3. SETTING THE DATE AND TIME



Press and hold the \bigcirc button for 4 seconds when the power is off to enter the time format selection mode. Press \heartsuit or \bigstar to select the 24-hour or 12hour format. Press the button \circlearrowright to confirm the settings.



Use the ♥ and ♣ buttons to select the year. Press the ♂ button to confirm the settings.



10:00

Use the 📽 and 🎿 buttons

to select the hour. Press the

button \mathcal{O} to confirm the

settings.

Month [02]

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Use the ♥ and ♣ buttons to select the day. Press the ♂ button to confirm the settings.

4. PREPARING THE LANCING DEVICE



Twist and remove the cap from the lancing device.



Put and tighten the cap back into the lancing device.



Insert the lancet into the lancet holder.



 Set the puncture depth by turning the end of the rotating knob.



Carefully twist and remove the lancet cap.



Pull back the pull button to the stop, then release.



Use the ॐ and ♣ buttons to select the minute. Press the ♂ button to confirm the settings.

5. PERFORMING THE TEST



Before performing the test, wash your hands with soap and water and dry them.



Put down the date when the vial has been firstly opened. Remove the strip from vial and tightly seal the cap.



Insert a test strip into the glucose meter. The device beeps and the test strip symbol and flashing sign O appear.



Use the and ♥ or ♣ buttons to select the meal indicator and mark the test as a measurement before a meal ♡, after a meal 캅, or an empty stomach X.



Massage vigorously the place of blood sampling.



Apply the lancing device to the planned puncture and press the release button. Click sound means that the puncture has been performed.



As soon as the yellow window of test strip will be filled with blood, the glucose meter will start counting down from 5 to 1.



If you have not previously marked a measurement (Step 4), you can do it now. The apple sign will flash to remind you about it.



Apply the test strip inserted into the glucose meter to a drop of blood. Blood will be automatically sucked into the test strip.



Select the ♥ or ♣ to mark the measurement as a measurement before a meal Ů, after a meal Ů, or an empty stomach ऄ. Confirm your choice with the button ♡.



Make sure the yellow window is completely filled with blood.

